



INTEGRATIVE MEDICINE GRAND ROUNDS

TUESDAY, AUGUST 2, 2016

FOLLOWED BY COFFEE HOUR FROM 9-10AM

CLINICAL CASE PRESENTATION:

"REIKI THERAPY AND CONVENTIONAL MEDICINE: AN INTEGRATIVE AND COMPREHENSIVE APPROACH"

PRESENTED BY: ZAKIM CENTER FOR INTEGRATIVE THERAPIES,
DANA-FARBER CANCER INSTITUTE (DFCI)



Co-Presenter
Patricia Arcari, PhD,
RN, AHN-BC
Program Manager for
Meditation and
Mindfulness,
Zakim Center for
Integrative Therapies,
DFCI



Co-Presenter
Libby Barnett, MSW
Master Reiki
Teacher,
Dana-Farber Cancer
Institute and
Brigham and
Women's Hospital



Co-Presenter
Kathy Guimond,
BSN, RN, CCRN
Bone Marrow
Transplant Nursing,
Brigham and
Women's Hospital



Co-Presenter
Judith Frazier,
RN, BA, M. Ed
Master Reiki
Teacher;
Spaulding
Rehabilitation
Hospital



Co-Presenter
Bambi P. Mathay,
LMT, NCTMB, RMT
Lead Oncology
Massage Therapist
and Reiki Master
Teacher, Zakim
Center for
Integrative
Therapies, DFCI



FALL 2016 SCHEDULE

September 6th: Marino Center for Integrative Health,
Mt. Auburn Hospital
Hiromichi Miyashita, MD

October 4th: TBA

MONTHLY | FIRST TUESDAY'S 8:00–9:00AM

Bornstein Family Amphitheater, BWH
45 Francis St., Boston, MA 02115
www.oshercenter.org | 617.525.8737

HMS CME CREDITS AVAILABLE

Integrative Medicine Grand Rounds Speaker Biographies



Patricia Arcari, PhD, RN, AHN-BC – Program Manager for Meditation and Mindfulness, Zakim Center for Integrative Therapies, Dana-Farber Cancer Institute (DFCI)

Dr. Patricia Arcari is the Program Manager for Meditation and Mindfulness at the Zakim Center for Integrative Therapies at Dana-Farber Cancer Institute (DFCI), and a Visiting Scholar at Boston College, where she has created novel meditation, mindfulness, and Mind Body Resilience programming for patients, staff, and students. She is also responsible for the design and implementation of the DFCI Reiki Center for Excellence. She received her PHD and undergraduate degrees from the Boston College School of Nursing, and a Master of Science in Nursing from Boston University. Previously, she was a Program Director at the Benson Henry Institute for Mind Body Medicine, and a Nurse Scientist at Massachusetts General Hospital. She is board certified as an advanced holistic nurse, a clinical nurse specialist in Integrative nursing, and has been involved in practicing Holistic Nursing for over 20 years in clinical, training, and research capacities. Her areas of research interest include Reiki, mindfulness meditation, and developing resilience.



Libby Barnett, MSW – Master Reiki Teacher, Dana-Farber Institute and Brigham and Women's Hospital (BWH)

Libby Barnett, MSW, is the longest practicing Reiki Master teacher on the East Coast. She has taught over 9,000 people nationwide, including health care professionals from many hospital and hospice organizations including: Massachusetts General, Beth Israel Deaconess Medical Center, Dana-Farber Cancer Institute, New York Presbyterian, and Brigham and Women's Hospital. She has over 35 years of experience blending Reiki with conventional health care. She is co-author of the best-selling book, *Reiki Energy Medicine, Bringing Healing Touch into Home, Hospital, and Hospice*, with over 70,000 copies sold in seven languages.

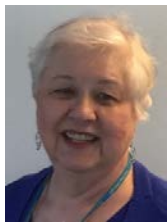


Bambi Mathay, LMT, NCTMB, RMT – Lead Oncology Massage Therapist and Reiki Master Teacher, Zakim Center for Integrative Therapies, DFCI

Bambi holds a Doctor of Medicine degree from the Philippines (1986) and is a graduate of the Muscular Therapy Institute in Cambridge, MA (2001). She has studied and continues to value education in different touch therapy modalities. She combines her knowledge and appreciation of medicine and touch therapies to partner with and empower each person in improving their quality of life through healing touch in every step of their journey.

Bambi has always been interested in integrative and comprehensive healing and well being and it's applications in a clinical setting. She has been employed full time at the Zakim Center for Integrative Therapies at Dana Farber Cancer Institute since 2003.

Bambi feels that her patients are her greatest teachers and that her encounters with them are a source of both personal and professional growth.



Judith Frazier, RN, BA, M.Ed. – Master Reiki Teacher, Spaulding Rehabilitation Hospital

Judith has 4 decades of nursing experience in the areas of critical care and clinical research. She was a founding member of the Greater Boston Chapter of Critical Care Nurses and one of the first co-chairs of the Program Committee which was responsible for planning and delivering all educational events. As a Nurse Manager and Nurse Leader for adult and pediatric ICUs, she was responsible for the management of resources to provide optimal care for patients and the development of staff. Judith served as a Manager of a Metabolic Research Unit/Director of Nursing. She was an IRB Member and Vice Chair, reviewing and approving clinical research projects. She also planned and delivered IRB related education to researchers, nurses and support staff. Judith's last position prior to retirement was as research nurse coordinator/manager for traumatic brain injury. In addition to the responsibilities of this position, she developed and implemented a Reiki volunteer program for patients, families and staff at Spaulding Rehabilitation Hospital.



Kathy Guimond, BSN, RN, CCRN – Bone Marrow Transplant Nursing, BWH

Kathleen Guimond has over 29 years of adult nursing experience including Medical & Surgical Intensive Care, Post-Anesthesia Care, and Bone Marrow Transplant.

Kathleen is a Reiki Master and has incorporated Reiki into her Nursing Practice for the past 9 years. She was one of the recipients of the 2014-2015 Dana Farber Integrative Nursing Practice Awards, to see if Reiki treatments decrease pain and anxiety in the Bone Marrow Transplant Population. She currently offers Reiki treatments to patients and staff on the Bone Marrow Transplant Unit at Brigham and Women's Hospital.